



Food for Thought

Meals For The Elderly

Quarterly Newsletter

Winter 2023

2022 Year in Review

Happy New Year from Meals For The Elderly! We hope everyone had a wonderful and safe holiday. We look back at 2022 and see so many accomplishments for the year.

Last year we had a goal of delivering 250,000 meals in 2022. We are excited to announce that we were able to deliver 254,766 to 1,071 individual recipients last year. We were also able to expand our services to Concho County and Irion County. This allows us to serve more individuals that need it more than ever.

Our community came together for San Angelo Gives to help us raise over \$160,000 in one day! We are so incredibly thankful to everyone that gave during that day.

With the help of some incredibly generous grants, we were able to start a remodel in our building. So far, we have new floors, new lighting, a new reception area, as well as new exterior paint. We are excited to continue the renovation project and will share pictures on our social media accounts when it is completed.

We hosted our first Volunteer Appreciation Luncheon during Volunteer Appreciation Week in April. We had over 200 volunteers attend the event and awarded milestone gifts to those that have served 5,10, 20, 25, and 30+ years. We also awarded our very first Volunteer of the Year award and Organization of the Year award.

We are excited to see what 2023 brings and we are so incredibly thankful for all of the people that support our organization in any way.

Board of Directors

- President*
Jessica Balliew
- Vice President*
Johnny Garza
- Treasurer*
Mark Odle
- Secretary*
Krispin Graves

Board Members

- Olivia Carrasco
- Rick Howard
- Kelly Jelensperger
- Veronica Madrigal
- Krista Manning
- Seth Mayberry
- Haley Parsley
- Stacie Reyes
- Camille Santry

Staff

- Executive Director*
Dason Tucker
- Accountant*
Rebecca Padilla
- Director of Development & Marketing*
Jessica Behringer
- Volunteer Director*
Kelly Usry
- Volunteer Coordinator*
Courtney Whitney
- Director of Client Services*
Lori Rodriguez, MSW
- Client Services Coordinator*
Anita Garcia
- Client Services Assistant*
Paula Gryder
- Administrative Assistant*
Mabel Ynojosa

Kitchen Staff

- Mary Hernandez
- Tony Pena
- Anna Candela
- Irene Araujo
- Patricia Hernandez
- Martha Orozco
- Monica Salas
- Courtney Galindo

2022 By The Numbers

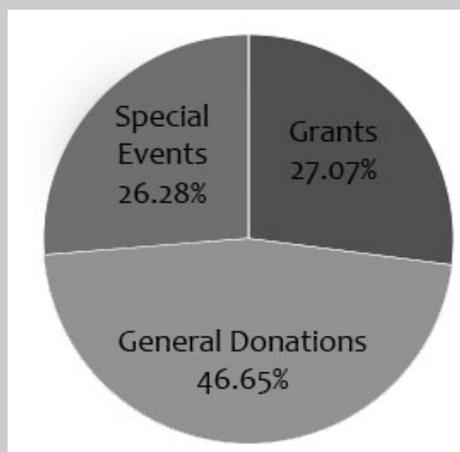
1,071
Individual Recipients Served

254,766
Meals Delivered

108
Veterans Served

540
Christmas Gifts Delivered

Financial Mix



Giving Back - A New Year's Resolution

Many people make resolutions for the New Year and often those resolutions involve giving back to the community in some way.

We would love for you to consider Meals For The Elderly as a way to give back to your community this year.

Every day, we provide a lunch time meal to over 700 homebound elderly Concho Valley. We also provide our recipients with more than a meal.

Volunteers are a daily smile, a wellness check, and a reminder that someone cares about their well-being.

In addition to daily meals provided throughout the weekday, we also provide items such as blankets and heaters in the winter as well as fans in the summer.

Below are items we are in need of to be able to provide additional essential items to our recipients.



If you are looking for a way to give back this year, please consider hosting a drive or collecting these items to help out.

- Travel Size Hygiene Products:
 - Deodorant
 - Shampoo
 - Bar Soap
- Other Essential Items:
 - Combs
 - Chapstick
 - Lotion
- Nutritional Drinks (Ensure and Glucerna)
- Incontinence Supplies
 - Women's Pull Ups (No Tabs) Sizes Small & Medium
 - Men's and Women's Poise Pads

Volunteer Opportunities Available



We rely on over 2,000 different volunteers throughout the year to deliver meals to our recipients. They are the heartbeat of our organization.

We have a variety of volunteer opportunities

available, but drivers are the most needed. We have over 50 routes to deliver every Monday through Friday. Volunteers can pick up meals between 10:00 am - 11:15 am for meal delivery. Average route delivery times range from one to one and a half hours.

If you are interested in volunteering please contact our Volunteer Director, Kelly, at 325-655-9200 or email her at volunteer@sameals.org.

Driving Opportunities

- Regular - Volunteer adopts a route that he/she delivers on a regularly scheduled basis.
- Substitute - Volunteers not scheduled on a regular basis but willing to deliver any route on days that drivers are needed.
- Emergency - Volunteers willing to deliver any route LAST MINUTE in an emergency.

2023 Event Schedule



**SAVE
THE DATE**

We are excited to announce our schedule of events for 2023. If you are interested in contributing to or sponsoring any of these events please contact Jessica at programs@sameals.org.

Volunteer Appreciation Week - April 17-21, 2023

Volunteer Appreciation Week is a nationally recognized week. We celebrate our amazing volunteers that allow us to operate on a daily basis. We have food and other treats available for the volunteers throughout the week. We then host a Volunteer Appreciation Luncheon on April 20 where we recognize volunteers who have reached milestones and name our Volunteer and Organization of the Year.

San Angelo Gives - May 2, 2023

San Angelo Gives is a 24 hour day of giving where community members have the opportunity to donate to over 300 registered non-profits in the area. Last year, the event raised over \$4 million overall and Meals For The Elderly received over \$160,000 in donations. Our goal this year is at least \$150,000. For more information please go to www.sanangelogives.org/MealsForTheElderly.

Clayshoot —June 10, 2023

Our annual Clayshoot is our largest fundraiser of the year. It hosts an average of 200 shooters and includes one 100 round shoot, a live auction, and a meal. All registered shooters are also eligible for raffle prizes ranging from \$250 - \$500. Team discounts are available when you register and pay for a full team.

Community Champions— September (exact dates TBA)

During 2 days in September we invite community leaders, local businesses, and non-profit organizations, to join current volunteers to assist with meal delivery. They will get to experience what it is like to volunteer for Meals For The Elderly as well as meet the recipients who are so grateful for the meals they receive.

Seniors Still Believe- November 1, 2023—December 1, 2023

Seniors Still Believe is our annual Christmas Gift Program. We collect Christmas wishes from recipients and put them on ornaments on trees that are located throughout town. Then, Community members may choose an ornament and shop for the gift(s) for that person. Once the ornament and gifts are returned to us, we check it and it is delivered by our volunteers to be enjoyed for Christmas. Your business or organization is interested in becoming a community partner for this event, please contact us at programs@sameals.org.

Savor San Angelo—November (exact date TBA)

Savor San Angelo is our second fundraising event of the year. This event features food from local chefs and restaurants as well as music from local musicians. Participants will have a chance to sample all of the various food available, sip some wine, and socialize with other attendees. The event will take place on a Saturday in November with the exact date to be announced in Spring 2023.

Thank You Savor San Angelo Sponsors and Participants

Title Sponsor

Harper Funeral Home

Diamond Sponsors

Foster Communications

Friends of MFTE

Platinum Sponsors

Scherz Landscape

Gold Sponsors

Bass Bunch

First Financial Bank

Principal LED

Shannon Health

Mike & Ruth Wheeler

Silver Sponsors

1st Community Federal Credit Union

Dr. Fred & Linda Homeyer

Trans Texas Southwest Credit Union

Thieman Investment Services

Bronze Sponsors

Lewright Family & Cosmetic Dentistry

Pinkies

Ben E. Keith

Friend of Meals Sponsors

Knickerbocker Rd. Animal Clinic

Tom & Sharla Abbott

Allan & Krispin Graves

Dreher Investment Services, Inc.

Medical Arts Pharmacy

Chefs

Meals For The Elderly Kitchen

Adrian Soto

Ali De La Fuente

Shana Smith

Shelli Carter

Carlos Estrada

Martha Alvarado

Courtney Hampton

Special Thanks To

Rita Carranco - Celebraciones Bellas

Angelo State University

Pinkies

Decoty Coffee

HTeaO

Fort Concho Elementary Distinguished Scholars

Howard College PTK Honor Society

Hoff's Beverage Barn

KLST

Ciera Juarez

Quang Le

Lisa & Mark Lesosky

Terry Mikeska

Thank You!

Local Businesses and Organizations that support Meals For The Elderly



Freedom Fellowship Church Youth Group collected donations in support of Meals For The Elderly.



Thank you to the San Angelo Gun Club that held a benefit shoot for Meals For The Elderly.



Christoval High School DECA held a benefit in support of Meals For The Elderly



Spheron selected Meals For The Elderly to receive \$500 as part of their community give back program.

If your business or organization is interested in helping out with a drive, volunteering, or driving a meal route please contact our office at 325-655-9200. We wouldn't be able to operate without the help of our amazing volunteers and support from the community!

Please Remember Meals For The Elderly in your Will!



Meals For The Elderly
310 E. Houston Harte
San Angelo, TX 76903

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Notes From Recipients:

*Thank You so
much for the Meals
a a Big Thank You
for all the volunteers
who are so faithful. I
am able to be at home
because of the meals -*

“Thank you so much for the meals and a big
Thank You for all the volunteers who are so
faithful. I am able to be at home because of
the meals”

Upcoming Closures

April 7

Closed for Good Friday

Meals For The Elderly is Online!

Website: www.MealsForTheElderly.org
Facebook: [www.facebook.com/
mealsfortheelderly](http://www.facebook.com/mealsfortheelderly)

Sign up on our homepage to receive our
E-News so you can to stay up-to-date on ALL
our work right here in Tom Green County!